



WEIGHT MANAGEMENT PROGRAM

OPTIONS and PRICING

ALL PROGRAMS INCLUDE THESE SERVICES:

- Initial one-hour consultation with nurse practitioner plus two follow up visits
- Metabolic laboratory testing
- At home sleep monitor (if needed)
- Initial one-hour consultation with registered dietitian nutritionist
- Initial one-hour consultation with behavioral coach/counselor
- 8 weekly follow up visits split between dietitian and behavioral coach per your preference and needs (can be done with TELEMEDICINE to improve efficiency and save travel time!)

These providers and services are individually billed through health insurance. We will clarify your coverage specifics before your first consultation. We just need the phone number on the back of your insurance card in order to obtain insurance coverage.

CHOOSE THE PROGRAM THAT FITS YOU BEST:

GOLD PROGRAM INCLUDES:

- Two Styku 3D body scanner analyses
- One-hour consultation with a fitness consultant/physical therapist

\$149 (\$270 value) — NEW YEAR SPECIAL PRICE

PLATINUM PROGRAM INCLUDES:

- Two Styku 3D body scanner analyses
- One-hour consultation with a fitness consultant/physical therapist

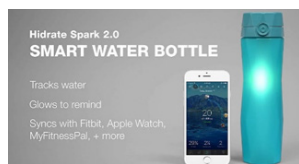


- Fitbit Versa 2.0 Smart Watch (black)
- Versa 2.0 Smart Watch sports band included (navy and teal)



- Assistance with installation and syncing of:
 - My Fitness Pal application
 - Hidrate Spark application
 - Fitbit application

- Hidrate Spark Smart water bottle



- Digital food scale

DIAMOND BONUS CAN BE ADDED TO EITHER THE GOLD OR PLATINUM PROGRAM AND INCLUDES:

- Do you like incentives? A little skin in the game? Add this bonus, to get even more motivation and reward.
- After attending a combination of 6 visits between the nurse practitioner, dietitian, behavioral coach and achieving of a goal of your choice, receive a \$50 gift certificate to:
 - Class pass
 - Road Runner sports
 - Whole Foods
 - Peapod
- After attending a combination of 12 visits between the nurse practitioner, dietitian, behavioral coach and achieving of a goal of your choice, receive a \$100 gift certificate to:
 - Class pass
 - Road Runner sports
 - Whole Foods
 - Peapod

\$99 more for the incentive option (\$150 value) — NEW YEAR SPECIAL PRICE

\$299 (\$610 value) — NEW YEAR SPECIAL PRICE