



CONTINUOUS GLUCOSE MONITOR INFORMATION

Dear Patient,

Comprehensive Gastrointestinal Health would like to provide you with advanced notice regarding our **Continuous Glucose Monitor**. The cost of the device itself will vary based on insurance and will be billed through your pharmacy. We will bill any accepted insurance you have on file with us for placement (if done at our office) and interpretation. Comprehensive Gastrointestinal Health cannot guarantee that your insurance company will cover the entire cost of our services. Due to this, we will limit the **maximum out-of-pocket expense to be at \$195.00**.

If you would like to check with your insurance prior to completion, please provide them with the following information: CPT codes: 95250, 95251, and 36415. ICD10 or diagnostic codes will be provided based on your personal/family history. Please inquire with our clinical team for more information.

BENEFITS OF OUR CONTINUOUS GLUCOSE MONITORING

- To help individuals understand the metabolic impact of diet choices on their health.
- To better assess an individual's risk of developing chronic diseases such as diabetes or heart disease.
- To measure the influence stress, sleep, and exercise have on blood glucose levels.
- To use real-time feedback to make meaningful diet and lifestyle changes.

HOW TO APPLY AND GET STARTED

- Using an alcohol pad, clean the back of your non-dominant arm and let it dry completely.
- Open the Freestyle Libre3 box.
- Peel the lid off the sensor pack.
- Place the sensor applicator on the back of your non-dominant arm and push firmly until the sensor is in place.
- Please disregard data the first 24 hours, the sensor is calibrating and may not give accurate results
- Download the FreeStyle LibreLink app (available on iPhone and Android) and follow the instructions on the attachment to sync with CGH (**Practice ID: CGHg2018**).

**Note: our Medical Assistants can help with CGM placement. You may call the office to schedule a visit at 224-407-4400.*
